

Celebrating 25 years

GUFC
COMMUNITY

Coach &
Manager
Information



AGENDA

- Playing under current guidelines and Covid-19
- Teams
- Game fixtures and times
- Key Contacts
- Coaching
- Match Day Arrangements
- Rules and Regulations
- Referees
- Integrity Officer

Celebrating 25 years

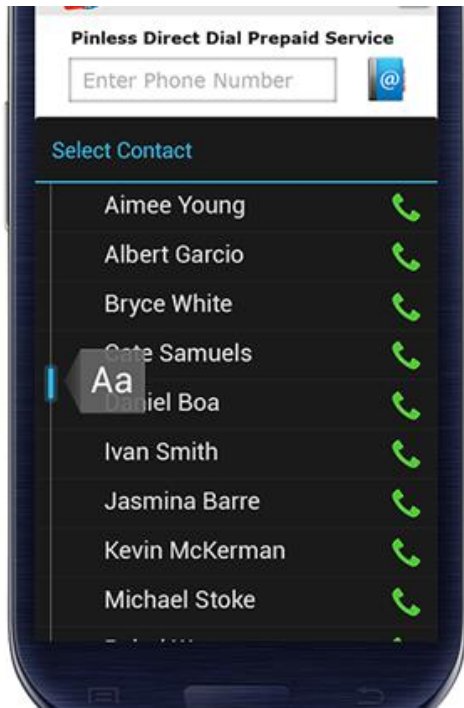


COVID - 19

- Players do not train or play if they are unwell.
- Follow ACT government rules and stay informed.

Celebrating 25 years

Celebrating 25 years



Player contact list

- Sent electronically to you
- Problems with contact lists
 - registrar@gufc.org.au
 - OR YOUR Coach Coordinator

Working with Vulnerable People

[Working with vulnerable people \(WWVP\) registration \(act.gov.au\)](https://www.act.gov.au)

- Link to paperwork on our website
- Ensure you email Image of the card or docket to integrity@gufc.org.au

Celebrating 25 years



Wet Weather

If in doubt, assume the game / training is still on.

Check GUFC FACEBOOK, Team App notifications, [Capital football Inclement whether](#) & [ACT grounds for Training](#)



U10 - U18 Team Training



- Information available on the GUFC Website.
- Liase with AGC for further details.

Celebrating 25 years



Celebrating 25 years

Key Contacts

Position	Name	Email
President	Neil Harlock	Neil.Harlock@gufc.org.au
Vice President	Nicole Brown	Nicole.Brown@gufc.org.au
Community TD Boys	Jack Busch	Jack.Busch@gufc.org.au
Community TD Girls	<i>Vacant</i>	
Coaches Co-ordinators	Lukas Trevascus & Noel Palmer	coach.coordinator@gufc.org.au
Property/Equipment	Jeremy Czoban	property@gufc.org.au
Integrity Officer	Helen Phillips	Integrity@gufc.org.au
Club Registrar	Sharon Brennan	registrar@gufc.org.au
Referees	Gavin Hopman	Referees@gufc.org.au

GUFC 2022 Coaching & Technical Manual

- All necessary details for the season inclusive of:
 - Ground Locations
 - Game Formats (field size, playing times...)
 - Referee Fees
- Further details are available:
 - [Coaches and Managers Handbook](#)
 - [MiniRoos Rules](#)



Celebrating 25 years

Team Communications

- It is expected that Coaches and Managers maintain effective team communication
- We have Team App to help with team and club wide communications

Celebrating 25 years

Playing Kit



Equipment is issued to coach/manager for the entire season



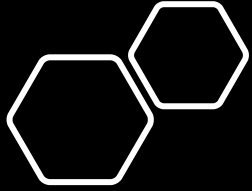
Enquiries/problems to **Jeremy Czoban** at via email property@gufc.org.au



Return of Equipment – To Be Advised



Please take care of your kit. A complete kit is worth up to \$500 (depending on the age group)



Appropriate Gear and Protective Equipment

Celebrating 25 years

FFA directs that players should not wear anything that is dangerous to them or any other player. Including:

- Caps/hats with hard brims
- Plaster or fibreglass casts
- Jewellery (no taping of earrings or bracelets – MedicAlert Bracelets exempt)

Capital Football Draws

- Capital Football changed to 18 rounds with no preseason
 - Noncompetitive U8-U11, competitive U12-U18 with final for U16 & U18
- Division allocations by Capital Football
 - GUFC grading coordinators advice was used for submission of teams to Capital Football
- Draws for Under 10's – U18's can be found on the site [Dribl](#)
- Draws can change throughout the season so check regularly

Celebrating 25 years

Game Times

Competition	Age Group	Open	Players on field Per Side	Time
Junior	U18	3:10PM	11	Open 45 min Girls 40 min halves
Junior	U16	3:10PM	11	Open 45 min Girls 40 min halves
Junior	U15	3:10 PM	11	40 min halves
Junior	U14	1:45PM	11	35 min halves
Junior	U13	12:30 PM	11	30 min halves
Junior	U12	1:45PM	11	30 min halves
MiniRoos	U11	12:30 PM	9	25 min halves
MiniRoos	U10	11:30 AM	9	25 min halves

Celebrating 25 years



Match Day Responsibilities

- Field setup and pack up:
 - See field allocations lists each week
 - U15/U16/U18: Pack up nets, flags & cones and take back to the containers
- Please stay off the cricket pitches
- Keep people away from behind goals
- Make sure your teams pick up their rubbish

Celebrating 25 years

Field Setup

The club needs the help of all teams in setting up the fields for play

Ask team parents to assist in set up/pack up – set up a roster for the parents.

NO SWINGING FROM GOAL POSTS

NO DOGS ALLOWED ON THE PITCHES

"The fine for taking dogs into prohibited areas is \$150, or \$350 for taking them onto the grounds of a child-care centre, preschool or primary school."

Celebrating 25 years



Player Injuries - First Aid

There are first aid kits at our home grounds and some Club officials are first aid qualified or sports trainers.

DO NOT pick up/move an injured player.

Suspected Neck/Back injury - MUST NOT BE MOVED

Have someone stay with any injured player to reassure them, make them as comfortable as possible

Any significant injury **MUST BE written on the match record.**

Stack Team App

- GUFC will be using Stack team App club wide as a team management and communications app.
- Age groups will have spaces, team will be entered for the coaches and managers
- Club Communications will be managed through team app use notifications

Celebrating 25 years

Dribl

- Dribl is the new competition management system that all Capital Football clubs will be using in 2022.
- It replaces paper match cards and is operated through the Dribl App which you will need to download on your phone.
- All U10 – U18 teams will be required to complete team sheets using the Dribl App
- All team coaches and managers MUST be registered on [Play Football](#) and made 'active' by the GUFC Registrar to be eligible to coach and/or manage during the 2022 season and to be 'mapped' to your team as a Team Recorder/Reporter.
- If you are not already registered, can you please make sure that you go onto Play Football and register in the appropriate package - MiniRoos/Junior/Pathways Coach or MiniRoos/Junior/Pathways Manager. If you are not registered, then you will not be able to complete your electronic match cards.
- Age Group Coordinators will 'map' your players to your teams so that they are available for you to 'select' for games.
- There is lots of useful information on Dribl on the Capital Football website - [Dribl for Competition Management - Capital Football](#)



Referees &
Regulations
Celebrating 25 years

Appointment of Referees

The Referees Coordinator within the GUFC appoints qualified and accredited referees to junior home games for U8 to U18 and U7-U9 Girls only competitions. If an official referee is not available, then the **visiting** team should be invited to nominate a suitable person (both parties should agree on the best person to officiate the game). If you are not satisfied with the referee nominated you can:

- refuse to play the game and notify Capital Football immediately (through the Club's Junior League Representative or President) or
- you can play the game. In this case, you need to be prepared to accept the result.

*Once you have agreed to accept someone as the referee,
then that person is in charge of the ENTIRE game.*

For further information procedures for appointing non-qualified referees to matches are outlined in the [Community League and Junior League Competition Regulations](#).

Note: U5/U6/U7 Teams are **NOT** allocated Game leaders/Referees at GUFC.

Celebrating 25 years

Referee Match Fees

- Referee Fees are the responsibility of the home team
- Referee Fees for GUFC home games are paid by the club as they are part of the player registrations

Celebrating 25 years

Capital Football Regulations

- Coaches/Managers are obliged to adhere to the rules and regulations of the Junior League – these can be found on the CF & GUFC websites – further details in the Coaching Manual.
- The Junior League imposes financial penalties on clubs who do not comply with these regulations.
- Some examples of breaches to the regulations:
 - Walk-off by a team
 - Late or lost match records or failure to report match results
 - Forfeiting of a game and
 - Failure to keep spectators in check - CVO

Celebrating 25 years

Club Vested Official

Club Vested Officials (CVOs) are responsible for managing sideline (off field) behaviour. They support and uphold the principles of fair play. They wear a vest and represent the GUFC. They are a complaints receiver and listener. They will issue warnings the first time a person breaches the GUFC and/or CF codes of conduct on the sideline. They are to report off-field inappropriate behaviour that contravenes the GUFC and/or Capital Football codes of conduct using formal incident recording and reporting processes. They will also facilitate the removal of people where appropriate. With the assistance of committee members/referees they will involve the Police if the situation escalates beyond their control.

Celebrating 25 years

Club Age Group Coordinators

AGE GROUP	AGE GROUP COORDINATOR	Email Address
U10 Open	Carley Trethowan + Lukas Trevascus	carley@gufc.org.au / lukas.trevascus@gufc.org.au
U10 Girls	Eduardo Kuminek	eduardo.kuminek@gufc.org.au
U11 Open	Mitch Gleeson	mitch.gleeson@gufc.org.au
U11 Girls/U12 Girls/U14 Girls	Eduardo Kuminek	eduardo.kuminek@gufc.org.au
U12 Open	Lawrence Goldie	lawrence.goldie@gufc.org.au
U13 Open	Position vacant - VOLUNTEER NEEDED	
U14 Open	Bruce James	bruce.james@gufc.org.au
U15 Open	James Molloy	james.molloy@gufc.org.au
U16 Open	Lukas Trevascus	lukas.trevascus@gufc.org.au
U18 Open	Darren Rhodda	darren.rhodda@gufc.org.au
U16 Girls & U18 Girls	Paul Czajkowski	paul.czajkowski@gufc.org.au

Club Coach Coordinators

- GUFC has Club Coach Coordinators (CCC) to support the club's community coaches. Including:
 - Training sessions ideas
 - Running small sided games
 - [Coaching courses](#)
 - [Coaching Resources](#)
 - Coaches HQ (Capital Football)
- Every Saturday we will be around for you to ask questions or to let us know what is working for your team.

Club Coach Coordinators

James Molloy (Community)
Lukas Trevascus (Youth C Licence)
Noel Palmer (Youth C Licence)
Stephen Tokley (Community)

Celebrating 25 years

CLUB PHILOSOPHY

The Club's aim is to provide the best environment for the participation and fullest development of its members in Football and we are strongly committed to the values which define what the club believes in. One of the most important offerings that a club can do is commit to its juniors' development. At GUFC we are focused on developing from within our player community, with the aim to provide a pathway for all our junior Gunners so they may grow and develop to enjoy their football for life and aspire to play in our NPL and NPLW teams. Gunners players will receive preference to places into the NPL Program at GUFC.



Celebrating 25 years

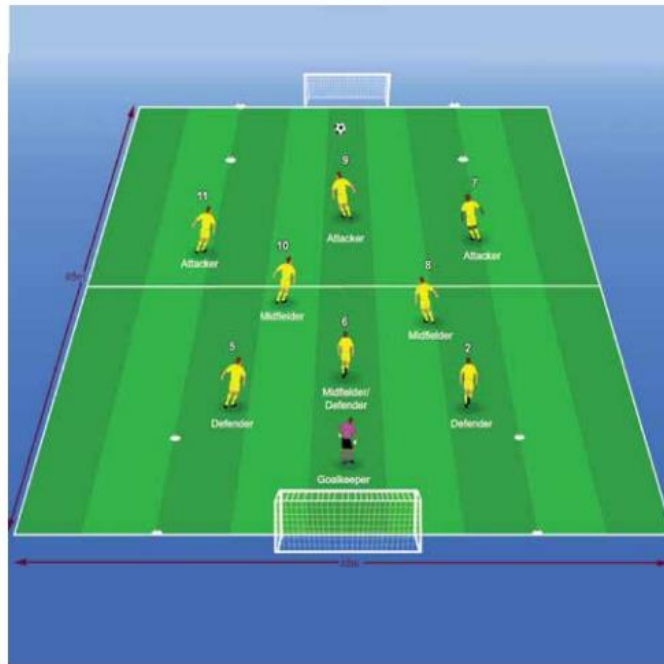
U10/11 Playing Shape

9v9 Playing Format: **Attacking/Ball Possession (BP)**



Created using SoccerTutor.com Tactics Manager

9v9 Playing Format: **Defending/Ball Possession Opponent (BPO)**



Created using SoccerTutor.com Tactics Manager

- 9v9.
- 1-3-2-3 Formation.
- Three lines:
 - Defenders.
 - Midfields.
 - Attackers.
- Lots of Triangles.
- Encourages player combinations.

Playing Shape



- 11v11.
- 1-4-3-3 formation.
- Three lines:
 - Defenders.
 - Midfields.
 - Attackers.
- Lots of triangles.
- Encourages player combinations.

Resources

- Playfootball:
<https://www.playfootball.com.au/coach/resources>
<https://www.playfootball.com.au/coach/nab-skills-series-session-library>
- MiniRoos Activity Guide:
<https://www.playfootball.com.au/sites/play/files/2020-01/MiniRoos-Activity-Guide.pdf>
- MiniRoos Program Leader Session Guide:
<https://www.playfootball.com.au/sites/play/files/2020-01/MiniRoos-Program-Leader-Session-Guide.pdf>
- Skills Acquisition Manual:
https://www.playfootball.com.au/sites/play/files/2018-08/FOOTBALL_Skill%20Acquisition%20Manual_A4_Web_Single%20Pages%5B1%5D.pdf



Questions?